

INCLUDE THE FAMILY

It's said that the average practicing alcoholic affects the lives of at least five others and that alcoholism is a family illness. We find that the family that gets sick together can often recover together. The best way to do this is to share your program of recovery with your family. Here are some of the AA activities that are family-oriented:

OPEN MEETINGS -

Take your spouse, family members and interested friends to hear the stories of AA speakers and to share in the fellowship. Open meetings are listed in our "MEETINGS" directory and anyone, alcoholic or non-alcoholic, may attend.

SOCIAL EVENTS -

Suppers, dances, picnics and other social activities are often sponsored by groups for AA members and their families.

CONFERENCES -

We have fun! Conferences at resorts and hotels are held throughout the year around N. CA & S. OR and offer activities for AA members and their families. Often Al- Anon and Alateen meetings are held at the same time.

ASK FOR HELP

When you need help, ask your sponsor or one of your group's seasoned members. If they are unavailable or unable to help, call NorCal Intergroup (530) 225-8955 . Don't be afraid to ask for help - all AA members remember "what it used to be like" as a newcomer and will gladly share their experience, strength and hope with you.

TELEPHONE NUMBERS

for those who need them

GO TO MEETINGS

All over Siskiyou County every day of the year there is help in the form of meetings for you and every alcoholic who has a desire to stop drinking. Use our handy "Where & When" directory to find out exactly where and when all the meetings are held. We recommend that newcomers attend meetings often - better too many than too few! As one AA member puts it, "the Big Book is your road map, the meetings are your filling stations."

**Making
A Start
In
Alcoholics
Anonymous
A Guide for
the Beginner**
And a Guide to Siskiyou County AA

**Siskiyou
County
Alcoholics
Anonymous
Meetings**

**Mt. Shasta, Dunsmuir, Weed, Yreka,
Hornbrook, Fort Jones, Dorris, and
Greenview**

GROUPS vs CLUBS

Many newcomers get the relationship between clubs and AA groups who hold their meetings at clubs confused. There are no dues or fees for membership in A.A. or an A.A. group - regardless of where it meets. Clubs do typically charge the club members (who usually are A.A. members too) dues. The clubs make ends meet by renting space to A.A. groups for their meetings, by selling coffee and soda and from the dues of club members. All A.A. groups pay rent for the meeting room whether they meet in a club, a church or elsewhere.

WHEN YOU TRAVEL

Just as you found friends in meetings all over Siskiyou, you will also find members in almost every city and town in the U.S. and most parts of the world. Whenever you travel, take along a copy of the U.S., Canadian or International Directories (from GSO or Intergroup) which contain valuable information to help you get in touch with local A.A. members when you are away from home. Also, look in the local phone book under "Alcoholics Anonymous" and it's likely you will find an answering service or an Intergroup/Central Office that will help you make an A.A. contact. You are never far from a meeting.

BE A PART OF

So now you've made a start. If you are like most of us, we think you might find these suggestions helpful on your journey to a comfortable, happy sobriety. Remember that you never have to be alone if you use the tools that A.A. has to offer you. The fellowship of Alcoholics Anonymous provides support and guidance to all alcoholics who reach out for help. Our very survival requires that we must carry the message to the alcoholic who still suffers.

We need you - you need us. Keep coming back!

Alcoholics Anonymous Meeting Schedule For Siskiyou Co. - Jan 2017

Sunday

- Dunsmuir. . . . Women On The Wagon Group, 4-5 PM, St. John's Hall, 5603 Shasta Ave. & Willow
B-day Meeting - Last Sunday of each Month
Mt. Shasta . . . Sunday Morning Recovery Group, 8-9:15 AM
Mercy Hospital, 914 Pine St. (Mt. Eddy Rm)
Mt. Shasta . . . SASTO (Some Are Sicker Than Others) Group, 7-8 PM Pine & Alma (Behind Catholic Church)
Yreka. Fairchild Medical Center Conference Room
444 Bruce Street, 12:00-1:00 PM (Noon)

Monday

- Dunsmuir. . . . Book Study Meeting at St. John's Hall 6-7pm
5603 Shasta Ave. & Willow
Hornbrook. . . Hornbrook Specials Meeting 5:30-6:30 PM,
KRC Rec Hall - 4603 Copco Rd. (Whitefish Rd)
Soon moving to Grange Hall in town
Mt. Shasta . . . How It Works Group, (Book Study), 12-1 pm
312 W. Alma (Methodist Church) (Closed)
Mt. Shasta. . . 11th Step Meeting, 5:30-6:30 PM, Pine & Alma
(Behind Catholic Church)
Mt. Shasta . . . Mixed Bag Group, 7:00-8:00 PM, 12x12
Mercy Hospital, Mt. Eddy Room, 914 Pine St.
Yreka Easy Does It Group, Women only, 5:30-6:30
PM, Clubhouse Oakridge Mobile Home Park
400 Hiram Page Road
Yreka AA Group, men only, 7:30-8:30 PM,
Clubhouse Oakridge Mobile Home Park
400 Hiram Page Road

Tuesday

- Fort Jones . . . Tuesday Night Group, 7:30-8:30 PM, Scott
Valley Com. Resource Cntr, 11920 Main St.
Greenview . . . Middle of the Road Group, 7-8 PM, Sr. Oaks
Center (Corner of Main & Quartz Valley Dr.)
Lake Shastina . 12x12 Study Group, 7-8 PM, Lake Shastina
Community Center, 15244 Driftwood Lane
(*Speaker 1st Tuesday each month*)
Mt. Shasta . . . High Rails Group, 7-8:15 PM, Episcopal
Church, 701 Lassen Lane
Yreka none

Wednesday

- Dorris. AA Meeting, Resource Center, 3rd Street,
Wednesday's 6:00 to 7:00 PM (call 530)397-2273)
Fort Jones . . . Big Book Study Group, 6:30-7:30 PM,
City Hall, 11960 East St.
Mt. Cloud. . . . Mt. Serenity Group, 7-8 PM, Catholic Ch.
California St. and W. Columbus

- Montague. . . Day At A Time, 6-7 PM, Methodist
Church 150 S. 12th St. (*Temp suspended*)
Mt. Shasta . . . Three-In-One Group, 12x12 meeting 12-1
PM, 312 W. Alma (Methodist Church)
Mt. Shasta . . . Wednesday Night Group, 7-8:15 PM,
701 Lassen Lane (Episcopal Church)
Yreka Principles Before Personality Group,
Keep It Simple, 12-1 PM, 201 S.
Broadway (up stairs - Resource Center)
Yreka Way-Out Ding-a-Lings Group, 7:30-8:30
PM, 1836 Apsuun Street (Karuk tribe admin
office end of Dove Lane) - [oldest in Yreka]

Thursday

- Dunsmuir . . . Dunsmuir Group, 6-7 PM, St. John's Hall,
5603 Shasta Ave. & Willow.
(*Oldest Group in District 09*)
Mt. Shasta . . . Three-In-One Group, 12-1 PM, 312 W.
Alma (Methodist Church) [up the ramp]
Mt. Shasta. . . Sober Sisters Group, 7 -8:00 PM,
701 Lassen Lane (Episcopal Church)
(women only)
Mt. Shasta . . . Spiritual Group, 7-8:15 PM, 312 W. Alma
(Methodist Church)(Men only) [up the ramp]
Yreka Principles Before Personality Group Disc.
Meeting, 12-1 PM, 201 S. Broadway
(upstairs - Resource Center)
Yreka. Guys & Gals Group, 7-8:00 PM, Nazarene
Church, 415 Evergreen Lane (open)

Friday

- Dunsmuir . . . Ninth Tradition Group, 12:30-1:30,
St John's Hall, 5603 Shasta & Willow
Mt Shasta. . . none
Weed Made A Decision Group, 7-8:15 PM,
Mercantile Mall, 590 Main Street
Yreka Principles Before Personality Group, Daily
Relief, 12:00-1:00 PM, 201 S. Broadway
(upstairs - Resource Center)
Yreka Primary Purpose Group, 7:30-8:30 PM, 415
Evergreen Lane, (Church of the Nazarene)(C)

Saturday

- Mt. Shasta . . . Saturday Sisters Group, 10-11:15 AM, St.
Anthony's Parish Hall, Pine and Alma
(women only) behind Catholic Church
Mt. Shasta . . . South Siskiyou Roving Group, 7-8:15 PM,
Pine & Alma - **Spk Meeting 2nd Sat** each
month (Behind Catholic Church)
Yreka Saturday Night Live Group, 7-8:30 PM, 415
Evergreen Lane, (Church of the Nazarene)
(T raditions 1st) (Podium 2nd) (Smoke Break)