

NOT GROWING AS FAST AS YOU HOPED?

Are you not growing as you expect you should be in your relationship with God? Do you think that you are just standing still in your recovery? Perhaps you are like the solid old oak tree. Trees only grow for a few months out of the year.

They grow a new layer of soft tissue under their bark. When that growing period comes to a close, they spend the rest of the season solidifying that new tissue into the new layer of wood. If cut you would see that new layer (ring) plainly.

Many of us alcoholics in recovery are the same way. We learn and grow, then we need to rest to assimilate the new growth into ourselves before we start the growth process all over again.

–Sober Cat many years ago....